Your Plan Will Face a Cyberattack. Here’s How to Prepare.

While hacking is nothing new, the pace of large-scale cyberattacks has accelerated significantly in recent years, most notably the Equifax hack, which exposed the private information of a majority of Americans. More worrisome for many plan sponsors, the focus of cyberattacks in the defined contribution (DC) world has shifted from hardened targets like recordkeepers and custodians to plan sponsors, which often lack the extensive cybersecurity defenses of their vendors.

One of the most difficult challenges for plan sponsors is determining where to start in their efforts to defend against increasingly sophisticated cyberattacks. This article is designed to assist plan sponsors with formulating and executing their strategy to protect their information and their assets.

**Putting the Pieces Together**

To assemble the pieces of the cybersecurity puzzle, plan sponsors need to understand the scope and scale of the cybersecurity threat. Sponsors and DC plan vendors administer large asset pools and retain personally identifiable information for participants and beneficiaries, such as names, addresses, birthdates, bank account information, and Social Security numbers, which creates risk for all these parties. Plan sponsors should seek to address cybersecurity at an organizational level and with the third parties that receive personal data (e.g., recordkeeper, trustee, investment advice provider).

Cybersecurity refers to techniques designed to protect the integrity of data, software, and networks from unauthorized access or damage. Cyberthreats can take many forms and involve a wide variety of malicious actors (Exhibit 1). And the cyber threat landscape continues to evolve, driven in part by the ever-changing security requirements that accompany developing technologies. These include the trend of employees using their personal gadgets at work (known as BYOD or “bring your own device”), and the rise in connected devices—like Amazon’s Echo speakers—commonly referred to as the “Internet of Things” (IoT). In addition, the increased adoption of cloud-based applications and data storage extends the need for cybersecurity protections beyond the traditional data center.

Cyber-risk is more than a technology concern; it is a people issue as well. For example, the 2017 WannaCry attack affected more than 230,000 computers—and it was facilitated by employees clicking infected emails, an insidious hacking technique known as “phishing.”
### Regulations and Cybersecurity

**Fiduciary Obligations**
- The selection and monitoring of service providers is a fiduciary act.
- The decision makers must act prudently and solely in the interest of the plan participants and beneficiaries.
- Plan fiduciaries are liable for failing to prudently select and monitor service providers.
- This may include prudence in selecting and monitoring service providers to ensure they maintain adequate cybersecurity practices and protocols.

**ERISA and electronic distribution of plan information**
- If plan notices are disseminated electronically, the plan sponsor (and not the service provider) is required to protect the confidentiality of personal data.
- Similarly, plan sponsors are required to take measures to ensure websites with plan information are secured to protect the confidentiality of personal information.

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**Exhibit 1: The Cybersecurity Threat Matrix**

<table>
<thead>
<tr>
<th>What tactics are utilized?</th>
<th>Of breaches in breaches</th>
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</tr>
</thead>
<tbody>
<tr>
<td>48%</td>
<td>featured hacking</td>
<td>26%</td>
<td>System admin</td>
<td></td>
</tr>
<tr>
<td>30%</td>
<td>included malware</td>
<td>22%</td>
<td>End-user</td>
<td></td>
</tr>
<tr>
<td>17%</td>
<td>of breaches had errors as causal events</td>
<td>22%</td>
<td>Other</td>
<td></td>
</tr>
<tr>
<td>17%</td>
<td>were social attacks</td>
<td>12%</td>
<td>Doctor or nurse</td>
<td></td>
</tr>
<tr>
<td>12%</td>
<td>involved privilege misuse</td>
<td>5%</td>
<td>Developer</td>
<td></td>
</tr>
<tr>
<td>11%</td>
<td>of breaches involved physical actions</td>
<td>3%</td>
<td>Manager</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
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</table>

**Who’s behind the breaches?**
- 73% perpetrated by outsiders
- 28% involved internal actors
- 2% involved partners
- 2% featured multiple parties
- 50% of breaches were carried out by organized criminal groups
- 12% of breaches involved actors identified as nation-state or state-affiliated

**Top external actor varieties in breaches**
- 62% Organized crime
- 20% Unaffiliated
- 13% State-affiliated
- 2% Nation-state
- 1% Former employee
- 0.6% Other
- 0.6% Acquaintance
- 0.5% Activist
- 0.4% Competitor
- 0.1% Customer

Source: Verizon 2018 Data Breach Investigations Report. Multiple responses were allowed.
One of the key challenges for plan sponsors is that there is no central governing law or self-regulatory organization over cybersecurity in retirement plans, as there is with group health plans (e.g., the Health Insurance Portability and Accountability Act, or HIPAA). However, plan sponsors are subject to the best interest clauses of ERISA, as well as the data privacy requirements for electronic notices. In contrast to the limited federal guidance, several states impose a duty on employers to protect the privacy of employees’ Social Security numbers and/or notify employees promptly of any security breaches. Since these laws regulate the employer, rather than the plan sponsor, they likely would not be preempted by ERISA. And finally, the personal data of U.S. citizens working overseas or foreign citizens working in the U.S. may be subject to the data privacy laws of their country of origin or the country in which they reside (e.g., the EU-U.S. Privacy Shield requirements).

Building a Framework for the Threat
Organizations and governments typically have taken a reactive approach to cyberthreats, addressing them after an incident. This has generally meant they cobble together a series of new individual security technologies and protocols following a breach. Not only is this method expensive and complex, it is also largely ineffective.

A cybersecurity framework (CSF) provides guidance for how organizations can assess and improve their ability to prevent, detect, and respond to cyberattacks. There are a variety of frameworks that plan sponsors and recordkeeping vendors can use to manage their risk, which typically incorporate some or all of the following steps:

- **Risk Assessment**: understanding the cybersecurity risk to the organization broadly (including mission, functions, image, or reputation)
  Example: Personal data held by human resources should be included in organizational threat assessments.

- **Governance**: creating policies and procedures to manage and monitor the operational, legal, and other risk components
  Example: Establish a chief security officer and create a framework for reporting cyberthreats.

- **Information Protection Processes and Procedures**: developing policies that address the purpose, scope, roles, responsibilities, management commitment, and coordination among organizational entities
  Example: Draft documentation detailing the notification process and timing in the event of a data security incident.

- **Awareness and Training**: plan sponsor staff and third-party partners undergo cybersecurity awareness education and are adequately trained to perform their role within the CSF
  Example: Hold annual training on common cybersecurity threats and the appropriate responses.

- **Access Control**: establishing protocols for, and limits on, who can access data
  Example: Limit access to employee data to only the parties with a legitimate business need.

- **Data Security**: managing plan information and participant data to protect the confidentiality, integrity, and availability of information
  Example: Use VPN technology to encrypt external access to an organization’s systems.

- **Protective Technology**: managing software solutions to ensure the security and resilience of systems and assets, consistent with related policies, procedures, and agreements
  Example: Require virus scans on a regular basis.

- **Maintenance**: performing system upkeep consistent with policies and procedures
  Example: Promptly patch software to eliminate identified security weaknesses.
Navigating the ‘Certification Alphabet’

Various bodies have attempted to create consistent CSFs that organizations can use to manage risk. The myriad of CSF structures seek to solve different problems, and it is important for plan sponsors to understand the various benefits and limitations of each structure:

<table>
<thead>
<tr>
<th>Certification</th>
<th>Detailed Description of Purpose</th>
<th>Shorthand</th>
<th>Certification</th>
</tr>
</thead>
<tbody>
<tr>
<td>ISO 27001</td>
<td>Establishes standards for implementing and maintaining an effective information-security management system</td>
<td>Rules for cyberdefenses</td>
<td>Yes – ISO 27001:2013 The previous version, ISO 27001:2005, is no longer in use</td>
</tr>
<tr>
<td>ISO 27002</td>
<td>Provides supporting documents to ISO 27001, giving guidance and advice on implementation</td>
<td>Guidance for a cybersecurity plan</td>
<td>No – a company cannot be certified as ISO 27002-compliant; it is only a guidance document.</td>
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<tr>
<td>NIST CSF</td>
<td>Sets basic guidelines to identify, implement, and improve cyber-security practices, and to create a common language to communicate those practices; its brevity makes it incompatible with common compliance requirements, such as HIPAA</td>
<td>Simplified standardized guidelines for cybersecurity</td>
<td>No</td>
</tr>
<tr>
<td>ISACA COBIT</td>
<td>Establishes high-level information technology (IT) management and IT governance, focusing on improving the overall business orientation through IT controls and metrics. COBIT also provides a set of recommended best practices for the governance and the control process of information systems and technology with the aim of aligning IT with the business.</td>
<td>Focuses on cyber-security philosophies and management at an organizational level</td>
<td>No</td>
</tr>
<tr>
<td>HITRUST CSF</td>
<td>Establishes controls for health care organizations that follow a risk-based approach, offering multiple levels of implementation requirements determined by specific risk thresholds. It includes, harmonizes, and cross-references globally recognized standards, regulations, and business requirements, including ISO, NIST, PCI, HIPAA, and state laws.</td>
<td>Provides a prescriptive framework for the more stringent security requirements of the health care industry</td>
<td>Yes</td>
</tr>
</tbody>
</table>
The Framework Is Just the Start
There is no enforcement agency or mechanism to ensure ongoing CSF adherence. An organization may self-report compliance with any of the CSFs described above. However, that does not mean its CSF has been reviewed and certified by an independent auditor. Additionally, plan sponsors should be aware of what processes are included in the scope of the audit and to what extent these are assessed to confirm the process has been implemented and is operating effectively, because management determines the scope of the audit for certification purposes and may limit it to, for example, a single business unit or location. The certifications do not necessarily mean the remainder of the organization has an adequate approach to cybersecurity. Plan sponsors should be aware that certification is not the end of the process—ensuring strong cybersecurity controls is an ongoing effort.

Hacks Happen—Plan Accordingly
Let’s start by getting the unrealistic goal of “don’t get compromised” out of the way. The average American’s personal data has been compromised multiple times—including usernames and passwords that could be recycled across multiple applications, like a retirement portal or company intranet. In defense, plan sponsors should seek to address:

- What is their internal risk?
- Where does their data go and how is it transmitted and stored (e.g., to third parties, or maintained on a server or in the cloud)?
- Have they conducted appropriate due diligence on their vendors, and the partners that those vendors may share data with?
- How does the organization define a “breach”?
- How do their vendors define a “breach,” and what triggers disclosure?
- How do they monitor their internal processes and procedures and their external partners on an ongoing basis?
- Do contracts and agreements cover indemnification, notification procedures (i.e., does the vendor have to notify the sponsor when it discovers a breach, or only after the breach has been contained), and remediation?

Getting Covered for the Threat
Cyberinsurance is a policy used to protect against risks relating to information technology infrastructure and activities. Risks of this nature are typically excluded from traditional commercial general liability policies or at least are not specifically defined. Coverage provided by cyberinsurance policies may include first-party coverage against losses such as extortion, theft, hacking, data destruction, and other attacks. The coverage may also indemnify companies for losses to others caused by errors and omissions, failure to safeguard data, or defamation. The scope of cybersecurity insurance policies varies widely and requires a careful review to ensure the policy addresses key risks. One important cybersecurity risk that often goes unexplored is protecting the private data of participants in an employee benefit plan.

Ultimately, cyberinsurance must be viewed as more than a commodity, and policy buyers should be careful to investigate both what is covered and what events trigger coverage. For example, it may seem obvious to a plan sponsor what constitutes a “breach” or an “event,” but these terms are used differently by different insurers, and are terms of art. Until this market matures, it is essential to align the specific breadth of coverage—and associated contractual triggers—to the specific needs of each organization.
Conclusion
Cybersecurity is a constantly evolving, high-priority task for plan sponsors. We expect that continued evolution will need to occur in their defenses as knowledge-based authentication (e.g., mother’s maiden name) weakens over time as more and more individuals’ personal information is exposed to hackers and malicious actors.

Even so, every organization has the capacity to undertake some key steps to help secure their plans and participants’ data. The challenge for many is deciding where to start. Understanding the scope of the cybersecurity risks and the “ecosystem” of a plan (i.e., recordkeepers, managers, and other vendors) can help frame the actions plan sponsors should take.

Callan recommends plan sponsors take these steps to address their cybersecurity vulnerabilities and prepare for an inevitable attack:

- Explore the appropriate cybersecurity framework options for your organization and make an informed choice
- Implement solutions, guidelines, and protocols for that cybersecurity framework
- Review the cyber protections in place at your vendor, and their vendors that may have access to plan participants’ personally identifiable information
- Consider how data protection is covered in contracting, specifically assessing the indemnification, notification, and remedies outlined in the agreements
- Take inventory of what is covered or not covered by any cyberinsurance policy the organization has in force or is considering
Authors

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